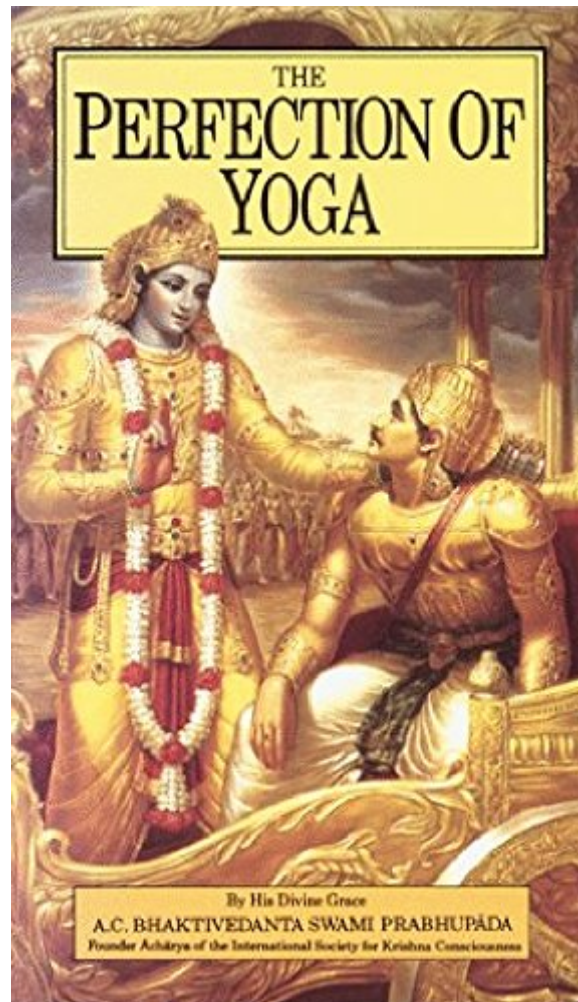


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# The Perfection Of Yoga



## Synopsis

There have been many yoga systems popularized in the Western world, especially in this century, but none of them have actually taught the perfection of yoga. In the Bhagavad-gita, Sri Krishna, the Supreme Personality of Godhead, teaches Arjuna directly the perfection of yoga. It is certainly remarkable that the perfection of yoga was taught in the middle of a battlefield. It was taught to Arjuna, the warrior, just before Arjuna was to engage in a fratricidal battle. Out of sentiment, Arjuna was thinking, "Why should I fight against my own kinsmen?" That reluctance to fight was due to Arjuna's illusion, and just to eradicate that illusion, Sri Krishna spoke the Bhagavad-gita to him.

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## Customer Reviews

Abhay Charanaravinda (A.C.) Bhaktivedanta Swami Prabhupada (1896-1977) was the Founder of the International Society for Krishna Consciousness (ISKCON; the "Hare Krishna Movement"). He wrote many books/booklets, such as Krsna: The Supreme Personality of Godhead, The Nectar of Devotion: The Complete Science of Bhakti-Yoga, The Path of Perfection, Yoga for the Modern Age, The scientific basis of Krsna consciousness, Perfect Questions Perfect Answers, Beyond Birth and Death, etc., and translated many East Indian scriptures, such as

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