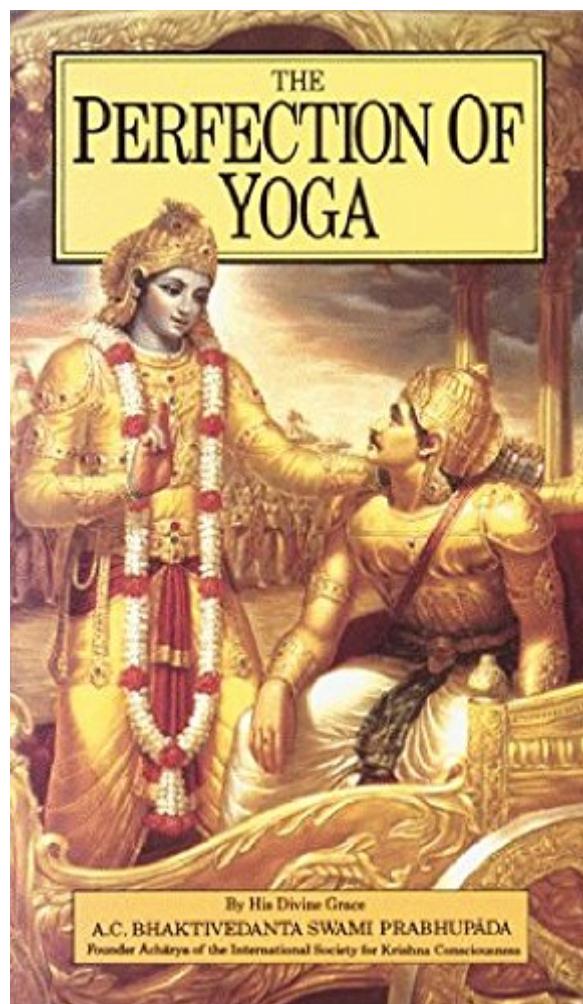


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# The Perfection Of Yoga



## Synopsis

There have been many yoga systems popularized in the Western world, especially in this century, but none of them have actually taught the perfection of yoga. In the Bhagavad-gita, Sri Krishna, the Supreme Personality of Godhead, teaches Arjuna directly the perfection of yoga. It is certainly remarkable that the perfection of yoga was taught in the middle of a battlefield. It was taught to Arjuna, the warrior, just before Arjuna was to engage in a fratricidal battle. Out of sentiment, Arjuna was thinking, "Why should I fight against my own kinsmen?" That reluctance to fight was due to Arjuna's illusion, and just to eradicate that illusion, Sri Krishna spoke the Bhagavad-gita to him.

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## Customer Reviews

Abhay Charanaravinda (A.C.) Bhaktivedanta Swami Prabhupada (1896-1977) was the Founder of the International Society for Krishna Consciousness (ISKCON; the "Hare Krishna Movement"). He wrote many books/booklets, such as Krsna: The Supreme Personality of Godhead, The Nectar of Devotion: The Complete Science of Bhakti-Yoga, The Path of Perfection, Yoga for the Modern Age, The scientific basis of Krsna consciousness, Perfect Questions Perfect Answers, Beyond Birth and Death , etc., and translated many East Indian scriptures, such as

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